# THE ROLE OF THE PRIEST IN SUNUWAR SOCIETY A. Fournier Paris

"L'homme en présence de la nature y sent confusément une multitude infinie de forces prêtes à s'exercer aux dépens de sa faiblesse; son panthéon, toujours ouvert, a toujours place pour de nouveaux hôtes. Le prêtre n'est pas un médecin d'âmes, c'est un spécialiste de rites; comme le dieu qu'il sert, il a son ressort de compétence où il excelle, et laisse volontiers le champ libre aux voisins" (Lévi, 1905, "Le Népal" vol. I: 317).

On reading works on Himalayan ethnic groups, especially passages pertaining to the religious aspects of their society, one is struck by the dichotomy often existing in the roles of the religious officiants: on the one hand he is a medium, a magician or a shaman; on the other: a diviner, a priest or a sacrificer. Among the Sunuwars, a small Bodic ethnic group living in eastern Nepal, located mainly between the banks of the rivers Khimti khola and Maulung khola, one comes across both these types of officiants: the *Puimbo* (a male shaman) or the *Ngiami* (a female shaman) and the *Naso* (a priest). In this paper, I should like to discuss in particular the role of the latter.1

In Sunuwar society, particularly on the Likhu khola, a *Naso* is a man of importance as a man of knowledge and a conductor of rituals who knows the propitiatory

1. The field work on which this paper is based was carried out between August 1969 and February 1970 with the support of the R. C. P. (Recherches Coopératives sur Programme) 65 (C. N. R. S.) for which Mr C. Jest whom I would like to thank here, was then responsible.

Sabra is a Sunuwar village on the western bank of the Likhu khola, where most of my research took place. I would like to profit from this occasion to thank all the inhabitants of this village for their patience and kindness.

The Sunuwars who are a Sino-Tibetan tribe, belonging to the Bodic group (Shafer, 1953), number about 15.000-20.000 inhabitants in Nepal, and around 3.500 in India, Sikkim or Bhutan. The bibliography in English on the Sunuwars is rather scanty; they are occasionally mentioned in administrative reports or in hand-books for the Indian army (see Bista 1972: 200-203). In Nepali however, there is a little booklet written by a Sunuwar (cf. Sunuwār, 1956).

The nepāli terms are based on Turner's method of transcription whereas the sunuwari transcriptions are my own. For further information about Sunuwar language, see Bieri & Schulze, 1971.

formulae (pidar) used for invoking the deities of the Sunuwar pantheon and who sacrifices buffaloes, pigs, goats or chickens during public or semi-public ceremonies.<sup>2</sup> Although possessing the power and the strength (tung) of summoning up various divinities, he cannot incarnate them himself without the aid of a medium: a Puimbo or a Ngiami. A Naso never falls into trance.

The position of Naso is always hereditary, contrary to that of Puimbo or Ngiami. A Naso must choose his successor from among his male offspring; his choice usually falls on the son or grandson whom he considers to be the most intelligent and most able to perform religious functions. During the period of initiation the pupil Naso is trained to memorise a great variety of propitiatory formulae or chants by mnemotechnique repetitions. When he is about six or seven years old, the future Naso accompanies his father to different rituals in order to familiarise himself with the different sequences which he must re-enact later in private under the guidance of his guru. He must also learn by heart all the myths and traditions of his own culture which he gleans from village elders who might know them. If his father dies before he has completed his training, the young pupil finds himself obliged to ask the village community to contribute to the expenses of completing his instruction as the future conductor of village rituals. The Naso inherits the sacrificial bow and arrows on the death of his father in return for which he must carry out certain funerary rites .3

The paraphernalia of the Naso is very simple. When he is officiating, he wears his ordinary everyday dress in clean, white material ornamented with one or two necklaces of blue and red stones, interspersed with a few seeds of kolol (Sapindus mukerossi Gaertn.) and bhirkaulo (Coix lacryma Jobi Linn.). On his head he sports a large white cotton turban (pheta) which he has received from the person asking for the ritual. At his right side, he carries a small bag (dun-tahilo) decorated with yellow tassels and cowries. When he is officiating at a ceremony, he is seated on a musk-deer skin or on a blanket if there is one available or otherwise on a paddy mat (gundri). In front of him is placed a red copper vessel (tamar) containing a branch of hope (Thysa nalaena agrestis) which is used as a holy-water sprinkler, and an earthee censer (dhupauro) containing burning ashes and juniper resin. To his right arn placed two knives: a small one (lalukarda) for sacrificing pigs, and a khukuri (lalutsub) for goats and chickens.

<sup>2.</sup> When I employ the term Naso in this article I invariably refer to the Duma Naso. There are however, three other types of Naso, whose functions differ from those of the former and whose period of initiation is much shorter: the Sher-pa Naso is always a brother of the Duma Naso, and can officiate in his stead during certain curative or preventive sacrifices, e.g. the Kālīka pujā or Bhimsen Pujā; the Dhupe Naso is usually a son of the Sher-pa, and as his name indicates, his duty is to recite pidar accompanied by the burning of juniper; the Shipe Naso is often an asistant and this office is frequently assigned to the youngest brother of the Sher-pa or the Dhupe. A Shipe Naso can subsequently become a Sher-pa or Dhupe Naso if he wishes.

<sup>3.</sup> This was the case, for example, of Guru Naso at Sabra who, orphaned at an early age, was brought up by his grandfather who was himself a *Duma Naso*. When he was 9 years old, his grandfather died and it was his duty to recite the mortuary invocations on his grave. Then Guru Naso inherited the bow and arrows of his grandfather, certain of which had been the property of his Naso ancestors.

During the Candi festival which takes place every year in Baisāk-purne (the night of the full moon in mid-April to mid-May) the Naso holds a large drum (dhol) which he only beats prior to the sacrifice and then, using his bow and arrow, he shoots through the heart of the buffalo or the pig.

The Naso must know how to conduct a variety of rituals which can be subdivided into four categories:

- (1) public rituals: Candi; Ghil; Naesa; Khas..
- (2) seasonal rituals: sowing (jojor washi); harvest (nogi)...
- (3) private and domestic rituals: births; name giving; weddings; funerals; ancestor worship..
- (4) curative and preventive rituals for human beings and domestic animals: Kalika pūjā; Messalmi pūjā; Saguni; Bhimsen; Antim; Aitabāre; etc.

During Gaṇḍi, a Sunuwar village festival which occurs every year on both banks of the Likhu khola, the Naso dances in front of the buffalo and pigs before sacrificing them. In general buffaloes are sacrificed on the west side of the river and pigs to the east. (It is interesting that the river seems to be a sacrificial borderline in eastern Nepal between the buffaloes and pigs). Ghil, Naesa and Khas are lineage rituals which are celebrated every 20 to 25 years, one by each generation, in the lineage house. On this occasion, pigs, goats and chickens are offered to the ancestral spirits. The seasonal rituals are also performed in the lineage house. Domestic and private rituals as well as curative and preventive ceremonies take place in rich, orthodox, Sunuwar houses during the day-time. Nowadays, however, Sunuwars ask the services of a brahmin.

After this brief description of the role of the Naso, we must now examine that of the Puimbo or the Ngiami in order to highlight the essential difference between them.

#### THE PUIMBO AND THE NGIAMI

As already mentioned, the position of the *Puimbo* or *Ngiami* is never hereditary, although the cases of shamans who do not belong to a specific lineage are rare. The vocation of the *Puimbo* or *Ngiami* becomes evident at a very early age. A girl or a boy while herding cattle in the jungle will suddenly become possessed by a dwarf jungle spirit (*banjhākri*). In their home, genera lly a grotto, these "wild spirits" impart to the future *Puimbo* or *Ngiami* the rudiments of their religious training: *mantra* (formulae), and how to make a shamanist drum (*dhyānro*.)

<sup>4</sup> For a more detailed description of the initiation and role of the *Puimbo* or the *Ngiami* see my article: "Note préliminaire sur le *Puimbo* et la *Ngiami*, les chamanes Sunuwar de Sabra". Asie du Sud-Est et Monde Insulindien IV (1): 147-167.

Whereas in general the Naso operates and sacrifices during the day-time, the Puimbo or Ngiami prefer to perform their rites by night. When exercising his religious duties, the Puimbo wears a kind of long female garment (jāmā) and a turban in which he has inserted porcupine needles. The Puimbo or Ngiami must banish the wandering souls of those who have died a violent death (such as suicide; childbirth; accidents and diseases) or exorcise ghost and evil spririts from the living. When he is operating indoors, the Naso is seated in the private quarters of the house near the main pillar, the Puimbo or Ngiami is seated and operates in that part of the house open to friends or visitors. When both operate together, the Naso sits on the right carrying his sacrificial lalutsub, and the Puimbo or Ngiami on the left, carrying his wooden magical knife (phur-bu). During public or semi-public rituals, the Naso needs the help of the Puimoo or Ngiami whose only role is to bring down to the sanctuary the gods or spirits for whom the sacrifice is carried out, and then, when the religious ceremony is over, to order them to return to the supernatural world. Whereas the Naso can only operate within the Sunuwar community, a Puimbo or a Ngiami, however, can act as intercessor between evil spirits and people belonging to different ethnic groups or castes. After death, the Naso is buried standing up, his dhol being placed on his grave; while the Puimbo or the Ngiami is inhumed in a sitting position with his dhyānro on the grave, although Sunuwars are now cremated in accordance with Hindu custom.5

If one summarises the respective roles of the Naso and Puimbo in a dual system of symbolic classification (Table. 1), one can see the opposition between both. in pairs of opposite but complementary terms:

### TABLE 1.

NASO

male

hereditary

right sacrifice day-time

ordinary male dress

life-cycle living

normal death

PUIMBO/NGIAMI

male or female non-hereditary

left trance night-time

specific female dress

death-cycle spirits

abnormal death

<sup>5.</sup> It is only since 1947-48, that the Sunuwars have cremated their dead. The erstwhile cemetery is still to be found south of Khaping (a settlement), in a rocky escar-pment. People are fearful of passing by there, and when obliged to do so, they hurry their pace, the women hiding their faces with a scarf and the men bowing their heads.

gods, ancestral spirits
auspicious
private part of the house
public or semi-public rituals
training inside the village
Sunuwars
sacred
dhol; lalutsub
buried standing up

ghosts, evil spirits inauspicious public part of the house private rituals training inside the jungle multi-ethnic profane dyhāṇro; phur-bu buried sitting up

Having established the dual nature of religious functions among the Sunuwars, interesting comparisons can be made with those of other Himalayan ethnic groups.

#### HIMALAYAN PARALLELS

Among the Pahari-speaking people who claim to be Hindus, the priest or sacrificer and the psychopomp play more or less parallel roles to those of the Naso and Puimbo. In eastern and central Nepal among castes a Pujārī and a Jhākri accomplish these functions. A Pujārī is "someone who is regularly paid for performing a rite in a temple and for looking after the temple" (Śarma 2011: 660); and a Jhākri is "a healer who cures the sick by making known (the will of) divinities (devata) or the ghosts (pret) whom he causes to enter his own body by means of prayers-incantations (mantra-tantra)" (ibid.: 401). In western Nepal among the castes, a particular kind of Jhākri is to be found, known as the Dhāmi. A Dhāmi is "a person who expels such obstructions as evil spirits (bhut); ghosts (Pret): witches (boksi) etc. by making them enter his own body by means of prayers- incantations (mantra-tantra)" (ibid.: 541). The Dhāmi however, contrary to the Jhākri never uses a magic drum (dhyānro) but demands the services of a musician-tailor (Damāi) (Gaborieau 1969: 30-34). The same dichotomy can be observed outside of Nepal, in Garhwal, for example where one finds the Pujāri and the shaman  $(B\bar{a}ki)$ . In this area, however, the  $puj\bar{a}r\bar{i}$  is the caretaker of the temple who, when performing rites, speaks to the deity by chanting prayers and incantations and on rare occasions beheads a goat which is then offered to the devata; and the Bāki is "primarliy a diagnostician who is able to call upon his personal god at will, become possessed by him, and then diagnose the difficulties of his client through the wisdom of the god" (Berreman 1963: 90 and elsewhere) 6.

<sup>6.</sup> For more details concerning the Jhākri of Nepal see the articles of Macdonald (1962,1966, 1968), particularly Macdonald 1962: 108 where a definition of a jhākri is given. For an account of the Dhāmī as oracles see Pignède 1966; Gaborieau 1969 or Bista 1971: 158. In the same work, Bista gives an extremely enlightening account of the Pujārī (ibid. 139-152). In this paper the Tibetan-speaking oracles are not mentioned: for further information see: Nebesky-Wojokowitž 1956.

Among the Bodic-speaking people, a similar duality of functions is to be noted among religious officiants. In West and Central Nepal one finds among Magars the Pujārī, a "young unmarried boy" and the shaman (Jhākri) (Hitchcock 1966: 27-31; 1967: 157) or among Gurungs, the Klihbri and the Pucu (Pignède 1966: 293-298); and among Western Tamangs, the Lambu and the Bombo (Höfer 1969: 26-27). In Eastern Nepal also the Rais have the Nokchhoe. "the religious leader" and the Ngopa who "is possessed by spirits and announces the verdict of gods" 1972: 40-42); and the Limbus have the *Phedanma* and the Yābā or Yumā (Sagant 1969: 115). In a recent article Sagant discusses the opposite yet complementary roles of the Phedanma and of the Bijuwā (a kind of shaman, synonymous with Yābā and Yumā) 7. The Phedanma is always a male officiant who wears everyday dress. He performs all the auspicious rituals in his village. The Bijuwā on the contrary, can be male or female and is dressed in a long female garment. He is hired to carry out all the rites performed for inauspicious events, especially death by violence. Like the Sunuwar Naso, the Phedanma can operate indoors in the private quarters reserved for the household only; on the other hand the Bijuwā, like the puimbo, sits in the public part of the house used for entertaining friends or visitors (Sagant 1973: 70-74). Among the Lepchas one finds the Padem, "a hereditary masculine priest" and the Mun who is a male or female shaman (Siiger 1956: 83). The Padem is "the first step to becoming Mun" and therefore has less importance in Lepcha society (Gorer 1967: 215). The Padem as well as the Mun have the right to offer sacrifice. If one takes a quick glimpse outside of Nepal, one again comes across this dichotomy in the various roles of religious specialists. In Kulu, in the the Western Himalayas, among the Kanashis of Malana, for instance, two types of officiant can be distinguished: the Pujara "the priest" and the Gur, "mouthpiece of god" who "at certain ceremonies goes into a state of possession in which he becomes the vehicle of communication between the god and the villager" (Rosser 1960: 81). With regard to the Bodic-speaking groups in the eastern part

<sup>7.</sup> There seems to be some confusion concerning the exact role exercised by the Limbu *Phedānma*. According to Caplan (Caplan 1970: 110), a "*Phedānma* discovers his power through dreams or as is more often the case, by becoming possessed". This opinion was confirmed in private by R. L. Jones. Fr. Hermanns however, like Sagant, notes that "the *phedānma* of the Limbus differs from the others who perform the sacrifice in that he does not tremble; by this is meant the trembling that comes over them when they are possessed by a spirit" (Hermanns 1954: 12). Maybe there are two types of *Phedānma* whose roles vary from region to region: in Ilam as in Panchthar, the *Phedānma* is possessed; but in Taplejung as in Darjeeling it would appear that he is only a sacrificer who, though capable of going on "ritual journeys", does not fall into trance.

of the Himalayas, particularly in Arunachal Pradesh, the roles of various officiants are less easily definable due to a lack of precise information. Among the Subansiri Daflas there are three types of religious performers: the Nijik Nube who "treats only ordinary diseases and observes omen in the eggs"; the But Nube who sickness and performs sacrifices; and the Nyoki Nube who is a shaman (Shukla 1965: 89-90). Among the Padam Miniong Adis, however, one meets again with the male diviner (Nyibo) and the medium (Miri) who wears a woman's skirt and who can be of either sex; but "a Nyibo performs by day whereas a Miri functions only at night" (Roy 1960: 248-251). For Fürer-Haimendorf however, a Mirü (Miri) is able to go into trance and an Ipak Mirü is at the same time an exorciser who propitiates and offers sacrifice (Fürer-Haimendorf 1954: 592). Similar can be observed among the Gallong Adis, except that a Nyibo can also be a medium (Dunbar 1913 -17:73; Srivastava 1962: 101-102).) But it is among the far away Tangsa confederacy that one again comes across a distinct opposition in the role of the priest (Tingwa) and that of the male or female diviner (Taiteling or Talwa), though their office is not hereditary (Dutta 1959: 66).

Having made this brief survey, one can conclude that the dual roles of religious specialists in many Himalayan ethnic groups, though of an opposing yet complementary nature, vary widely from tribe to tribe, and that it is virtually impossible to place them into clear-cut categories for convenience sake. There exist the medium, the shaman, the psychopomp who can become priest, the sacrificer or the diviner.

If one refers back to the Sunuwars, one can observe significant changes taking place in their religious practices. The Sunuwars claim that when they emigrated to their present habitat, the country was uninhabited; but with the heavy migration and settlement of Indo-Nepalese castes in this area during the last two hundred years after the conquest of Prithivi Narayan Shah, and more recently with the infiltration of other ethnic groups due to the opening of new mines, the Sunuwar population lost part of their Kipat lands which were transformed into Birta lands or were taken under mortgage. Their economic impoverishment probably explains why the Sunuwars have forsaken expensive rituals utilising blood sacrifice, cereals, and large quantities of fermented beer or distilled liquor. Thus among the Surels, the oldest sub-group of Sunuwars, who live on the banks of the Suri khola, the Nakso (Naso) has pratically become "unemployed" as a conductor of rituals and

<sup>8.</sup> Regmi describes the *Kipat* system: "land is held on a tribal, village, kindred or family basis, and individuals have definite rights in this land by virtue of their membership in the relevant social unit. Hence title to land has a communal character and it is usufructuary, rather than absolute" (Regmi 1965: 82). He also notes that "*Birta* meant an assignment of income by the State in favor of individuals in order to provide them with a livelihood' (Regmi 1964: 2).

his last village sacrifice was performed 20 years ago<sup>9</sup>. The Brahmins, Chetris and Newars plan to collect a little money together in the future to hold one large buffalo sacrifice, because they believe that this will increase the fertility of their land (bought or stolen from the illiterate Surels) even though this sacrificial ritual is a purely Surel one and observed only by them. Furthermore contact with various other castes or ethnic groups in the bazaars (bajar), periodic markets ( $h\bar{a}t$ ) or annual fairs (melā)10 tends to encourage people to abandon their own religious traditions. On both banks of the Khimti khola, the Sunuwars are thus in permanent relation with other ethnic groups as several important routes pass close by their villages11 which are used by many different peoples. The opening of the Jiri market, every Saturday<sup>12</sup>, has rendered them more open to outside influence, in particular to Sanskritization 13. Nowadays they rarely utilize the services of their Naso for the performance of life-cycle and seasonal rituals, preferring instead the services of a Brahmin which are less expensive, and considered more up-to-date. They have abandoned their costly village rituals, except in the village of Pharpu where they still celebrate the Naesa, a semi-public ritual held every twelve years in a lineage house. If on the Likhu khola, the Sunuwars who are more isolated from outsiders, still their Naso to perform public or semi-public sacrifices, they also are beginning to employ a Brahmin pundit for certain rites such as name-givng, funerals or thanksgiving (Sat Narayan pujā). In the face of this slow but irresistible Sanskritization

<sup>9.</sup> The Surels, who number about 140 inhabitants, live in Suri, a village on the Suri khola in the Suri-Tinekhu Haleshwar panchayat. The Surels speak an archaic Sunuwar dialect. I hope to publish in the near future, notes collected among Surels.

<sup>10.</sup> The bajār, hāt or melā are similar to those described by Sagant in Taplejung and Terhathum (Sagant 1968: 90-118,)

wind along the tops of mountain ridges running parallel on either side of the Khimti khola; the road west of the river goes from Jiri to Ramechhap or to Chisopani where people go to buy salt: the road on the eastern side goes from the bazar of those to Ramechhap, the chief town of the district. The Sunuwars control 3 important bridges crossing the Khimti khola: in Digi, in Betali and in Rasnalu, the latter is just newly built and is rapidly coming more into use. (cf. Schneider 1969: 1-8).

<sup>12.</sup> Since 1964, the market at Jiri  $(h\bar{a}t)$  has become an important trading place. Jiri is on the route between Kathmandu and the eastern part of Nepal, particularly Namche Bajar, at the foot of Everest (Schmid 1969).

<sup>13.</sup> I am using the definition of Srinivas (1967), cited by Caplan: "Sanskritization is the process by which a low caste or tribe or other group takes over the customs, rituals, belief, ideology and style of life of a high and, in particular, a 'twice-born' caste" (Caplan 1970: 189 n. 2).

among the Kirat people14. the development of nativist movements15. can be observed, contrary to the views held by Caplan (Caplan 1970: 202). In Khiji, an eastern Likhu khola village, for example, a Sunuwar Naso who served in the British army as a Gurkha soldier, is now leader of such a movement. This movement is based on indigenous religious concepts and has a strict moral code, advocating the prohibition of beer, liquor, meat, smoking, gambling, female abduction and fighting. It would seem that these Sunuwar reformists wish to become more orthodox than the orthodox Brahmins. I have heard of similar nativist movements among certain Thulung or Bahing Rai villages: and my friend Rex L. Jones has mentioned private that he has observed the same type of phenomena springing up among the Limbus, Unlike the Naso, the Puimbo or Ngiami is still very popular and much in demand in the multi-ethnic village of Suri as well as in the Sunuwar area. If one takes a glance at the Jirels, a mixed sub-group of Sunuwars, who live between the rivers Tamba kosi and Khimti khola, a little further North-West than the Sunuwars proper 16, and who are Buddhist, one can see Lama used as priests, and Buimbo who are at the same time shamans and sacrificers. (It is unthinkable for a Sunuwar Puimbo or a Ngiami to offer blood sacrifice, as the shedding of blood is considered incompatible with their office as vehicles of communication between men and the spirit world. Parallel cases occur among Himalayan tribes such as the Bharara

to Nepalese traditions, they occupied the Kathmandu valley (Nepal) before the Licchavi dynasty just prior to and during the early years of the Christian era (Regmi 1969: 54-64). Nowadays, the ethnic groups going by this name live in the eastern part of Nepal: they are the Rais, Limbus and Yakhas. The Sunuwars also claim to be *Kirāt*. Shafer has shown that liguistically speaking, the Sunuwar dialect closely resembles certain Rai dialects (Shafer 1953: 356-376). A large number of Sunuwars when living in the capital or in India, abandon their Sunuwar name for that of *Kirāt*, as many people believe that they belong to the polluted "occupational caste" of the goldsmiths (*Sunār*) (see: Macdonald 1970: 146 n. 23)

<sup>15.</sup> According to Linton, "a nativist movement is any conscious organized attempt on the part of a society's members, to revive or perpetuate selected aspects of its culture" (Linton 1943: 230). Although this definition has been convincingly criticized by Worsley (Worsley 1957:216) and by La Barre (La Barre 1972:42), it nevertheless remains the most adequate one to date.

<sup>16.</sup> Roughly 3.000 Jirels are found in 4 panchayats: Chhetarpa, Ibvankhu-Paldung, Jiri and Jungu-Yebo; and their highest concentration is in the Jiri and Sikri valleys. The Surels are reckoned to be a mixed sub-group arising from a cross between Sunuwar hunters and Sherpani. They speak a language closely related to Tibetan (see: Strahm & Maibaum 1971). I intend to publish shortly notes collected among Jirels.

Tharus (Srivastava 1958: 86-87); the Jiji Sherdukpens (Sharma 1961: 75-76); the Mugou Hrussos (Sinha 1962: 126-128); or the Igu Idu Mishmis (Baruah, 1960).

The Naso like the Puimbo embodied the old Sunuwar traditions: the one conducting pidar and offering sacrifice during rituals; the other calling on the deities to come down to the sanctuary and replenish themselves with the scent of the blood of victims to be sacrificed, before banishing them once again to the supernatural world as well as exorcising the sick possessed by evil spirits and practising divination. However this perfect balance between the two functions is gradually disappearing, and in the next few years the office of the Naso will have ceased to exist, and no doubt anyone will be able to perform sacrifice, if he so wishes. The Puimbo on the other hand, has a fine future ahead of him as long as there is penury of doctors, teachers and chemists in the region.

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